DEEP PLANE Face & Neck Lift

LIVE SURGERY AND HANDS ON ON CADAVER INTRODUCTION TO MIGRAINE SURGERY

MAY 23-26  2022
Barcelona

The **IDB ACADEMY Deep plane course** is officially approved and endorsed by:

www.idbacademy.org
EDUCATIONAL Objectives

- Internationally renowned clinical experts and anatomists will illustrate and teach clinical facial anatomy on Deep Plane Face lift Technique
- Delegates will be taken through a holistic and extensive insight into the essential anatomy of the human face.
- Delegates will get a comprehensive understanding of various anatomical layers and structures within fresh frozen cadaver and live surgeries with direct interaction with the surgeons in the OR.
- Delegates will get an insight into reading the surface anatomy and avoidance of structures in critical danger zones of the upper, middle and lower face.
- Delegates will assist to interactive discussion and review the surgery with Master Classes from the Speakers
This Deep Plane Face & Neck Lift 2022: Dissection & Live Surgery Course is structured and organized based primarily on the knowledge of Surgical Anatomy.

**Scientific-based**
The course content elucidates the science behind the Techniques used in daily practice, evidence-based information for efficacy, longevity and safety of face lifts.

**Anatomy Essentials**
The anatomical marks and danger points are shown in a clear manner including marking and surface anatomy. The location of danger zones of facial nerves and their possible variations are delineated. Tips and tricks of Facial Nerve dissection are explained.

**Education**
The course covers basic, intermediate and advanced Face-lift techniques and is tailored for the interests and needs of the delegates. Other aspects of treatment will be covered such as Preoperative measures, preparation of the surgical table, postoperative cares.
**DAY 1**  
Monday, May 23  
**VENUE 1**

**ANATOMY DISSECTION COURSE**  
DEPARTMENT OF ANATOMY & EMBRYOLOGY  
University of Barcelona  
Hospital Universitario de Bellvitge.

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>09:00</td>
<td>Registration</td>
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<tr>
<td>09:30</td>
<td>Introduction &amp; overview on Facial Cadaver dissection.</td>
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<tr>
<td>10:30</td>
<td>Starting skin Flap dissection.</td>
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<tr>
<td>11:00</td>
<td>Marking the SMAS and Dissection of Inferior Masseteric Space</td>
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<tr>
<td>11:45</td>
<td>Approach to Middle and Superior Masseteric Space</td>
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<tr>
<td>12:30</td>
<td>Lunch onsite with the Staff</td>
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<tr>
<td>14:00</td>
<td>Dissecting The Zygomatic space</td>
</tr>
<tr>
<td>14:45</td>
<td>SMAS PLICATION</td>
</tr>
<tr>
<td>15:15</td>
<td>SKIN FLAP SUTURE</td>
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<tr>
<td>15:45</td>
<td>PRESENTATION OF NEXT MORNING CASE</td>
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</table>

The Anatomy sessions are organized in such a way that 3-4 instructors rotate to teach the delegates. 2 delegates for each fresh frozen head specimen.

A layered pre-dissection will be pre-prepared in one head to facilitate teaching. The participants will objectively learn the essential anatomy relevant to the deep plane face lift technique.

An emphasis will be put on an avoidance of complications around facial danger zones:
- Frontal nerve. Anatomical variants.
- Marginal nerve. How to avoid harming it.
- Zygomatic nerve. The most difficult dissection it is explained.
- Auricular major nerve.
- Approaching pre-zygomatic space.
- Removing of bucal fat pad and relations with bucal nerves.
Participants will be in a auditory where the surgery will be on streaming live and they will be able to interact directly with the surgeons in the operating room.

Surgical Procedure is seen live retransmitted with 3 cameras, so the participants won’t miss any detail.

Before the surgery we will have an introduction of the case by the surgeons.

Live Surgery will give:
- The state-of-the-art techniques to be used in each region
- Avoid intra-operative problems
- Tips and tricks of sub-smas. dissection.
Tuesday, May 24
19:00-21:00

COURSE WELCOMING
CASA BATLLÓ. BARCELONA

Discover Gaudí’s masterpiece, a UNESCO World Heritage site. Your visit includes a full tour of this universal gem of architecture, as well as of the installations created by internationally renowned artists based on the legacy of an innovative and eternal genius.
Participants will be in an auditory where the surgery will be on streaming, live, and they will be able to interact directly with the surgeons in the operating room.

Surgical Procedure is seen live retransmitted with 3 cameras, so the participants won’t miss any detail.

Before the surgery we will have an introduction of the case by the surgeons.

Live Surgery will give:
- The state-of-the-art techniques to be used in each region
- Avoid intra-operative problems
- Tips and tricks of sub-smas. dissection.
DAY 4
Thursday, May 26
VENUE 2

Introduction to Migraine Surgery
CLINICA DIAGONAL
BARCELONA

Learning Objectives

1. Identify migraine headaches and related medication overdoses.

2. Identify anatomy of supraorbital, supratrochlear, zygomaticotemporal and auriculotemporal nerve trigger sites.

3. Identify anatomy of the greater, third, and lesser occipital nerve trigger sites.

4. Plan the surgical treatment of the trigger sites (including frontal and temporal, rhinogenic, auriculotemporal, and greater and lesser occipital).

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>08:00</td>
<td>WELCOME AND REGISTRATION.</td>
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<tr>
<td>08:30</td>
<td>WHAT IS MIGRAINE? PATHOPHYSIOLOGY OF MIGRAINE</td>
</tr>
<tr>
<td>09:00</td>
<td>ANATOMY OF SON AND STN</td>
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<tr>
<td>09:30</td>
<td>ANATOMY OF ZYGOMATICO-TEMPORAL. AURICULO TEMPORAL NERVE</td>
</tr>
<tr>
<td>10:15</td>
<td>ANATOMY OF GON AND LON TRIGGER SITES.</td>
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<tr>
<td>10:35</td>
<td>COFFEE BREAK</td>
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<tr>
<td>11:00</td>
<td>DETECTION OF TRIGGER SITES.</td>
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<tr>
<td>11:30</td>
<td>FRONTAL AND TEMPORAL MIGRAINE SURGICAL TREATMENT</td>
</tr>
<tr>
<td>12:30</td>
<td>OCCIPITAL MIGRAINE SURGICAL TREATMENT</td>
</tr>
<tr>
<td>13:30</td>
<td>COURSE CLOSURE</td>
</tr>
<tr>
<td>14:00</td>
<td>SEE YOU NEXT YEAR!!</td>
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WHY SHOULD I CHOOSE THIS COURSE

✓ Learn from the masters in Face-lift. International Speakers and anatomists.
✓ Clinically relevant anatomy and variations.
✓ A faculty of core plastic surgeons with specialised in facial surgery with vast experience in instruction of anatomy.
  • Fresh frozen cadaver specimens carefully selected for facial anatomy & instruction purpose.
  • Small group: 4 instructors and 8-12 participants. 2 participants per head specimen.
  • Opportunity to dissect the frozen cadaver.
  • Discover the danger zones and be confident with your anatomy knowledge
✓ Watch live surgeries interacting with the surgeons
  • Preoperative preparation
  • Importance of Anesthesia in Face lift.
  • How to prevent Hematomas in Face-lift
  • Postoperative care
COURSE INSCRIPTION

23-26 MAY 2022
WITH CADAVER DISSECTION, Live Surgery and introduction to migraine course
3,500€
Cadaver dissection course
Live Surgery
Lectures
Welcome Reception
Diploma

24-26 MAY 2022
Live Surgery and introduction to migraine course
1,500€
Live Surgery
Lectures
Welcome Reception
Diploma

https://idbacademy.org/deep-plane-inscription/
COURSE INFORMATION

HOTELS, TRANSPORTATION, CITY TOURS, ETC.

(IN PREPARATION)